

# HOW MUCH IS ENOUGH?

The Self-Sufficiency Standard calculates, for each county in North Carolina how much income families of various sizes and compositions need to make ends meet *without* public or private assistance.

Beaufort County						
	1 Adult	1 Adult + 1 Preschooler	1 Adult + 1 Preschooler + 1 School-age	2 Adults + 1 Infant + 1 Preschooler	2 Adults + 1 Preschooler + 1 School-age	2 Adults + 1 Infant + 1 Preschooler + 1 School-age
Housing	\$550	\$671	\$671	\$671	\$671	\$906
Child Care	\$0	\$679	\$1,146	\$1,371	\$1,146	\$1,837
Food	\$244	\$371	\$559	\$683	\$751	\$834
Transportation	\$270	\$278	\$278	\$530	\$530	\$530
Health Care	\$171	\$607	\$626	\$670	\$678	\$688
Miscellaneous	\$123	\$261	\$328	\$392	\$378	\$479
Net-Taxes	\$550	\$671	\$671	\$671	\$671	\$906
Taxes	\$231	\$507	\$720	\$824	\$769	\$1,110
Earned Income Tax Credit (-)	\$0	(\$63)	(\$16)	\$0	\$0	\$0
Child Care Tax Credit (-)	\$0	(\$58)	(\$100)	(\$100)	(\$100)	(\$100)
Child Tax Credit (-)	\$0	(\$167)	(\$333)	(\$333)	(\$333)	(\$500)
Hourly (per adult)	\$9.03	\$17.54	\$22.04	\$13.37	\$12.75	\$16.43
Monthly	\$1,589	\$3,087	\$3,878	\$4,707	\$4,488	\$5,784
Annual	\$19,064	\$37,046	\$46,539	\$56,484	\$53,860	\$69,404
Emergency Savings Fund	\$151	\$372	\$571	\$269	\$262	\$327

The Self-Sufficiency Standard Varies By Family Type

0 0 0 0 0

---

0 0 0 0 0

Hourly Self-Sufficiency Wage (per adult)

## HOW DOES THE STANDARD COMPARE?

The **Self-Sufficiency Standard** calculates the real costs of meeting all basic needs.

**THE SELF-SUFFICIENCY STANDARD CALCULATES THE REAL COST OF MEETING EACH MAJOR BUDGET ITEM**

FEDERAL POVERTY MEASURE  
Food is 1/3 of the budget and all

SELF-SUFFICIENCY STANDARD  
Housing and child care account for almost

■ 0 ■ 0 ■ 0 ■ 0 ■ 0 ■ 0 ■ 0 ■ 0

**46%** The amount of basic needs covered by the federal poverty guidelines

**Beaufort County**

**2 Adults + 1 Infant + 1 Preschooler**

**A MINIMUM WAGE JOB DOES NOT COVER THE COST OF BASIC NEEDS IN NORTH CAROLINA**

0 0

Number of hours a minimum wage worker must work per week to meet basic needs

**122**

0 0

0 0

**Beaufort County**

**1 Adult + 1 Preschooler + 1 School-age**

To download the full report and data for all 700+ family types visit [www.selfsufficiencystandard.org/north-carolina](http://www.selfsufficiencystandard.org/north-carolina)